



## AREA NEWS

### Seniors' Thanksgiving dinner planned

RANGELEY — The annual Senior Citizen Thanksgiving Dinner will be held Sunday, Nov. 22, beginning at 12 p.m. at the Episcopal Church of the Good Shepherd, 2614 Main Street. This meal is free — everything has been donated. A free-will offering will be taken at the end.

The menu will include turkey with all the trimmings, fresh apple and pumpkin pies. There will be door prizes. For more information, call 864-5583.

### Holiday craft, bake sale slated

NEW VINEYARD — A Holiday Craft and Bake Sale will be held on Saturday, Nov. 21 from 9 a.m. to 2 p.m. at Smith Hall.

Donations paid for table space will benefit the New Vineyard Public Library.

For more info call the library at 652-2250 during library hours: Monday 5 to 8 p.m., Tuesday 10 a.m. to 2 p.m., Thursday 2 to 5 p.m. and Saturday 10 a.m. to noon.



The Biggest Losers from the first Franklin County Weight Loss Challenge were (left to right): Mary Reed, first place; Jason Hill, second place; Dori Reed, third place; and Lucretia Dudley won the biggest inch loser prize. (Contributed photo)

### Big losers are big winners

STRONG — A group of area residents just finished the first Weight Loss Challenge in Franklin County, losing a combined 369.2 pounds and 281.5 inches.

Renee' Espeignnette, a personal weight loss coach, offered the weight loss challenge, which is loosely based on the TV show *The Biggest Loser*, to county residents. Participants pay \$39 to join, and from that, \$25 is given back to the top three Biggest Losers of percentage of body fat during the 12-week challenge and \$10 to the local community to help combat childhood obesity.

The total amount of prize money was \$1,052, which went to the top four "Losers" who were announced last Thursday night, Oct. 29.

Mary Reed won 1st Place, losing 30.4 pounds, 29.25 inches and 17.617 percent body fat.

Second Place went to Jason Hill losing 34.2 pounds, 20.75 inches and 16.602 percent body fat.

Third Place went to Dori Reed losing 31.6 pounds, 22 inches and 16.122 percent body fat.

Lucretia Dudley, who lost 19.6 pounds, 18.25 inches and went down six pant sizes, won the biggest inch loser prize. Through the challenge, Dudley was also able to gain control of her blood sugar levels.

The Strong Elementary School received a donation of \$300 for allowing the challenge to be held at the school. For more information, call Espeignnette at 639-2939.

**Sugarloaf Area Real Estate**  
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Brokers: Stan Tingley, Janice Tingley, Jan Kremin & Tom Carey

### Enjoy a Home in the Western Mountains of Maine!

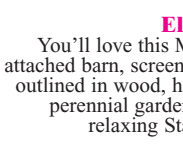
#### Outdoor Recreation in Every Direction!

A spacious home in Eustis w/ custom features including wide pine floors, a pine detailed kitchen, downstairs recreational area w/bar, and cathedral ceilings! ~ \$169,000



#### Outstanding Craftsmanship!

Beautiful log home in Redington East w/ cathedral ceiling. Wonderful wood details including floors, cedar balusters, and hickory cabinets in the kitchen. Covered log deck connects this home w/ nature. ~ \$229,900



#### Elegant Kingfield Cape!

You'll love this Maple Street home w/ an attached barn, screened porch, chef's kitchen outlined in wood, hardwood floors, colorful perennial gardens, and fire pit along the relaxing Stanley Brook! ~\$239,000



#### Retire to Heavenly Views!

Eustis Ridge home w/ deck seating & BBQ area to take in views of surrounding mountains and Flagstaff Lake! Huge garage space, including guest quarters. Nice landscaping and custom bar in sunroom. ~ \$299,000

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# Watch & Win

Call 237-6895

November 27th-30th

Friday: 6-8pm

Saturday and Sunday:

7:30-9:30am & 6-8pm

Monday: 7:30-9:30am

WIN great prizes including a KONA MTN BIKE brought to you by the folks at Bath Cycle and Ski

