



## Music makers audition

Elizabeth Chenard, baritone sax (left to right); Thomas Faraday, trumpet; Colin McCarthy-Edwards, alto saxophone; Liam McCarthy-Edwards, trombone; Victoria Crockett, flute; Ayla Haines, trumpet; Emily Hardy, vocal; and in the back, Staci Plog, clarinet (not pictured is Ellen Brooks, vocal) all auditioned with over 1,000 junior and senior high school students from the Kennebec Valley Region for placement in either junior-senior band or junior-senior chorus. The auditions, which took place Oct. 29 in Pittsfield, required extra hours of practice to prepare for their performance. Each student prepared a solo piece as well as making sure they understood the rudiments of music. They then performed their pieces alone in front of an adjudicator. The auditions were followed by Chinese cuisine together with the very patient bus driver, Adrah. (Contributed photo)

## First aid and CPR classes offered

FARMINGTON — Registrations are now being accepted for CPR and first aid classes taking place at the Ben Franklin Center at Franklin Memorial Hospital starting this month.

The first aid course is being offered at two times, with the first standard first aid class taking place on Thursday, Nov. 19, from 5 to 9 p.m. and the second offering happening on Thursday, Jan. 21 from 5 to 9 p.m. First aid is the immediate care that you give someone with an illness or injury before trained help arrives. Topics will include first aid basics, medical emergencies, injury emergencies, and environmental emergencies.

A Heartsaver CPR course is being offered on Tuesday, Dec. 1, from 5 to 9 p.m. The Heartsaver CPR course follows the standards and guidelines for CPR from the American Heart Association and is designed for the general public. It will include information on basic cardiac life support techniques for adults, children, and infants, as well instruction on automated external defibrillators.

There is a \$45 fee for each course, which includes the cost of the textbook, class, and course completion card—or \$60 to attend both classes.

For more information or to register, contact Amanda Brown at 779-2381.

## The Trail's End Steak House

Located in  
Eustis Village

Nov. 26

### All You Can Eat Thanksgiving Buffet

Turkey, Ham & all the fixin's including Salad & Dessert

**\$16<sup>99</sup>**

Serving 1 to 8 pm  
Call for Reservations

Check out our Weekend Specials!

For Reservations, call

**246-7511**

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### LO•CA•VORES n. pl

1. People who try to eat only foods produced locally (like Oakhurst milk).

These days, lots of Maine people are choosing to eat locally produced food as much as possible because it's fresher, it supports local farmers, and they

simply like knowing where their food comes from. With milk, the local choice is easy: Oakhurst. Among the 80 family farms that supply Oakhurst milk, some are your neighbors—local farmers who are working hard to preserve a way of life and a way of eating. So support your local farmers and make the *locavore's* choice: Oakhurst Milk. The Natural Goodness of Maine.



"We're proud to be part of a movement to support local farming here in Maine."

—Stan Bennett, President, Oakhurst Dairy



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